

The risk is *psychological*.

Confidential executive coaching and leadership programs for the leaders you can't afford to lose, from Lisa Chen: a licensed clinician (LMFT #140374), Wharton graduate and former Fortune 500 executive.

What companies bring me in for

- Burnout in high performers
- Leadership transitions and the first ninety days
- Keeping critical leaders
- Conflict and interpersonal dynamics at the top
- Leading through change
- Presence and communication

Three ways to work together

- **Sponsored coaching** for a named leader, 3 or 6 months: three-way kickoff, optional 360, twice-monthly sessions, review at 90 days
- **Team intensive**, 1–2 days, for a senior team
- **Talks and workshops**, 60–90 minutes

Clear for the sponsor. *Private for the leader.*

WHAT YOU SEE

Goals, agreed in a three-way kickoff

Attendance and schedule

Progress at ninety days, in a three-way review

How the organization can help

WHAT STAYS PRIVATE

What is said in sessions

Personal and health information

Any clinical referral

Session notes

How progress is measured

- Two or three behavioral goals, in writing, before we start
- Stakeholder feedback before and after, where useful
- A defined review at day 90. If it isn't working, we stop.

Practical terms

- Remote nationwide; in person in Los Angeles
- Engagement letter and NDA before we start
- Invoiced to the organization
- Several leaders? Separate, confidential engagements
- Coaching only, never therapy for your staff